



March Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00 Snack Cart 10:30 🎨 Weekend Coloring 1:15 🎵 Music with Mark Jasper 2:00 🍪 Snack Cart
2 10:30 🏐 Volleyball 12:00 🍽️ Lunch 1:30 🏛️ Church Service-visual 2:00 🍪 Snack Cart	3 9:45 🧘 Morning Stretch 10:15 🎵 Music w/Michael 1:15 BINGO	4 🏋️ Weights & Blood Pressure 1:30 Scrabble	5 10:00 🧘 Aromatherapy Yoga 10:30 🎨 Ceramic Class 1:15 BINGO	6 10:00 🧘 Balance/Strength 10:30 Golden Age of Hollywood Match 1:15 Arts & Crafts	7 9:00 🏛️ Communion 10:00 🧠 Trivia/Quiz 1:15 BINGO	8 10:00 Snack Cart 10:15 Exercise with Rowena 1:15 🎻 Violin Concert with Antonio 2:00 🍪 Snack Cart
9 10:30 🎵 Sing-Along 12:00 🍽️ Lunch 1:30 🏛️ Church Service 2:00 🍪 Snack Cart	10 9:45 🧘 Morning Stretch 10:15 🎵 Music w/Alfredo 1:15 BINGO	11 10:00 🧘 Chair Stretching 10:15 Ball Toss 10:30 🏇 Horse Racing Game 1:15 🌿 Waterleaf Spa Day	12 10:00 🧘 Aromatherapy Yoga 10:15 🍽️ Chef's Food Presentation 1:15 BINGO	13 10:00 🧘 Balance/Strength 10:30 Memory Lane 1:15 🎵 Music with Julian	14 9:00 🏛️ Communion 10:30 🧘 Chair Dancing 11:00 🌿 Green Trivia 1:15 BINGO	15 10:00 Snack Cart 10:30 🎨 Weekend Coloring 1:30 ❤️ Afternoon Movie 2:00 🍪 Snack Cart
16 10:30 🌸 Flowering Arranging 12:00 🍽️ Lunch 1:30 🏛️ Church Service-visual 2:00 🍪 Snack Cart	17 St. Patricks Day 9:45 🧘 Morning Stretch 10:15 🎵 Music w/Michael 1:15 BINGO	18 10:00 🧘 Chair Stretching 10:15 Ball Toss 10:30 Name That Year Quiz 1:15 🌿 Mapleleaf Spa Day	19 10:00 🧘 Aromatherapy Yoga 10:30 Ceramic Class 1:15 BINGO STORE	20 10:00 🧘 Balance/Strength 10:30 🌸 Spring Trivia 1:15 🗳️ Resident Council Meeting 2:00 Board Games	21 9:00 🏛️ Communion 10:30 🧘 Chair Dancing 11:00 🧠 Charades 1:15 BINGO	22 10:00 Snack Cart 10:30 🍹 Juicing 1:15 🎻 Violin Concert with Antonio 2:00 🍪 Snack Cart
23 10:30 🛋️ Armchair Travel 12:00 🍽️ Lunch 1:30 🏛️ Church Service 2:00 🍪 Snack Cart	24 9:45 🧘 Morning Stretch 10:15 🎵 Music w/Alfredo 1:15 BINGO	25 10:00 🧘 Chair Stretching 10:15 Ball Toss 10:30 🧠 Trivia/Quiz 1:15 Poker Club	26 10:00 🧘 Aromatherapy Yoga 10:30 🍽️ Food Tasting 1:15 BINGO	27 10:00 🧘 Balance/Strength 10:30 🍵 Tea Social 1:15 🎳 Bowling	28 9:00 🏛️ Communion 10:30 🧘 Chair Dancing 11:00 🎵 Name That Tune 1:15 BINGO	29 10:00 Snack Cart 10:30 🎨 Weekend Coloring 1:30 ❤️ Afternoon Movie 2:00 🍪 Snack Cart
30 10:30 🏐 Volleyball 12:00 🍽️ Lunch 1:30 🏛️ Church Service-visual 2:00 🍪 Snack Cart	31 9:45 🧘 Morning Stretch 10:15 🎵 Music w/Alfredo 1:15 BINGO					